



## Answers

Do people accuse you of being angry?  
 Do you try to suppress your anger?  
 Do you live with or work with people who are frequently angry?

Many people think their anger is not a problem because it surfaces only “once in a while.” How would you like to live next to a volcano that erupted only “once in a while”?

The seriousness of unresolved anger is indicated by the fact that this was a primary topic of Christ’s Sermon on the Mount. The Anger Resolution Seminar explains eight attitudes that are foundational components of anger resolution.

Anger is the number-one cause of damaged marriages, abused children, and violence in the home, school, and workplace. The Anger Resolution Seminar is an intensive three-day video seminar that addresses a variety of issues designed to help you conquer your anger and heal broken relationships.

The truths offered at this seminar have helped many youth and adults experience lasting freedom from anger.



## Information

To learn more about the Anger Resolution Seminar, to view the current schedule, or to register, visit our website: **[www.iblp.org](http://www.iblp.org)**.

To find out about hosting a seminar in your home or church, visit our website, or call **903-636-9600**.

To view this seminar online, visit **[www.embassyinstitute.org](http://www.embassyinstitute.org)**.



PRACTICAL, LASTING ANSWERS TO  
**RESOLVE ANGER**  
 THE INSTITUTE IN BASIC LIFE PRINCIPLES

# Topics

## **Detecting a spirit of anger**

Many angry people are unaware that they manifest a spirit of anger and that those around them live in a constant state of tension.

## **Tracing anger to its sources**

Anger is often an indication that someone has triggered a “tension button” of guilt or pain that was caused by unresolved hurts.

## **Discerning why bad things happen**

Learn how to identify the benefits of every situation instead of allowing bitterness to take root.

## **Turning anger into the power of love**

Discover how to successfully apply four wise and loving responses to every trial.

## **Discovering the power of crying out**

Powerful results are being experienced by those who learn to “cry out” to God when faced with impossible situations.

## **Regaining surrendered “ground”**

Learn how to replace “strongholds” of evil with truth and walk in freedom.



# Results

The material presented in this course is based on universal, timeless principles of Scripture and shows how God’s truth and power can achieve what our resolve cannot.

## **Testimonies**

*“Stored up anger, bitterness, and controlling addictions greatly damaged my family and almost destroyed it. The Anger Resolution Seminar was a life-changing event! The freedom and joy I now have are indescribable gifts from God, and I am once again excited about leading and loving my family as God would have me to do.”*

—Randy from North Carolina

*“God has used the abuse I endured as a child for good in my life as I have learned forgiveness and now have the opportunity to effectively minister to other women who have experienced the same trauma.*

*“Anger is one of the primary symptoms in 90–95% of the clients I counsel. The teaching I received at the Seminar has proved to be of immense value in helping them achieve victory.”*

—Elaine from Texas



## **Dealing with inherited anger**

Recognizing and acknowledging the iniquities of our forefathers can be an important part of gaining freedom over anger.

## **Repairing the damage of anger**

Learn how to restore damaged relationships.

## **Transforming conflicts into blessings**

Discover the power of spoken blessings to resolve conflict, encourage others, and inspire Godly character.

